

Cancer Awareness and Cleanliness Campaign

On 22nd February 2024, the National Service Scheme (NSS) unit under the Faculty of Humanities organized a Cancer Awareness and Cleanliness Campaign at the university. The event aimed to educate participants on cancer prevention, early detection, and the importance of maintaining a clean and healthy environment. Renowned oncologist Dr. Surender Kumar Dabas delivered an insightful lecture, emphasizing lifestyle changes and environmental factors in reducing cancer risks. The event was convened by Dr. Manjeet Kumar and co-convened by Dr. Preeti, with a total of 72 participants actively contributing to the cause.

The program commenced with an opening address by Dr. Manjeet Kumar, who highlighted the dual focus of the event: raising awareness about cancer and promoting cleanliness as a vital aspect of disease prevention. Dr. Surender Kumar Dabas, the keynote speaker, shared his extensive knowledge on the types of cancer, symptoms to watch for, and the significance of early diagnosis in improving survival rates. He also discussed how unhealthy habits like tobacco use, poor diet, and lack of physical activity increase cancer risk, urging the audience to adopt healthier lifestyles.

In the second part of the program, participants engaged in a cleanliness drive, demonstrating their commitment to maintaining a clean and hygienic environment. The campaign emphasized the role of community action in reducing pollution and creating healthier spaces.

This campaign addressed two critical societal challenges: cancer awareness and cleanliness. Cancer, one of the leading causes of mortality globally, requires urgent attention to prevention and early detection. The event provided an educational platform to dispel myths, encourage regular health checkups, and promote a proactive approach to health.

The cleanliness campaign underscored the role of a clean environment in disease prevention, linking it to the broader goal of community health. This initiative aligns with the United Nations Sustainable Development Goals (SDGs), particularly SDG 3 (Good Health and Well-being) and SDG 6 (Clean Water and Sanitation). By focusing on health education and environmental hygiene, the event contributed to creating healthier, more sustainable communities.

The event witnessed active participation from 72 attendees, including students, faculty, and NSS volunteers. The lecture inspired participants to prioritize their health and support cancer

awareness initiatives in their communities. The cleanliness drive fostered a sense of responsibility and teamwork, encouraging attendees to take collective action toward creating a cleaner and healthier environment.

The Cancer Awareness and Cleanliness Campaign was a significant step toward educating individuals about cancer prevention and the importance of environmental hygiene. By combining expert knowledge with hands-on action, the event empowered participants to adopt healthier habits and contribute to societal well-being. The NSS unit's initiative exemplified the university's dedication to addressing critical health and environmental challenges, reinforcing its commitment to achieving global sustainability goals.